

# Teach Me the Measure

For Four-Part Chorus of Mixed Voices  
a cappella

Tune: Suffield  
Arranged by Alice Parker

Isaac Watts

Slow; sustained; rather freely

Soprano  
Alto

*mp* *sadly*

Teach me the meas-ure of my days, Thou

Tenor  
Bass

*mp*

Teach me the meas-ure of my

*piu f*

Mak-er of my frame; I would sur-vey life's nar-row

*meno f*

days, Thou Mak-er of my frame; I would sur-

*div.*  
*mf*

vey life's nar-row space, And learn how frail I am

span is all that we can boast, An inch or two of time; Man

is but van-i-ty and dust In all his flow'r and prime.

Recorded by The Robert Shaw Chorale in RCA Victor Album #LM-LSC 2942  
Approximate duration 3:22

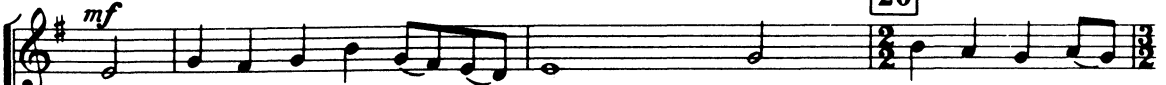
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## Firmly in tempo

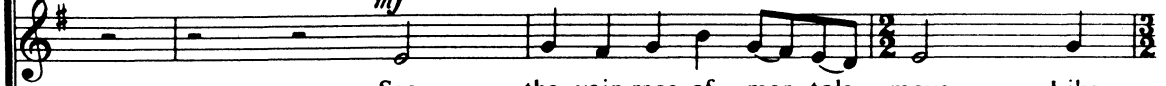
SOPRANO

20



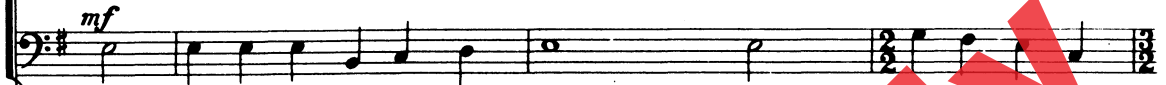
See the vain race of mor-tals\_ move Like shad-ows o'er the\_

TENOR



See the vain race of mor-tals\_ move Like

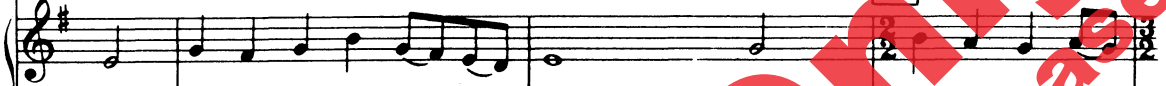
BASS



See the vain race of mor-tals move Like shad-ows o'er the

PIANO (for rehearsal only)

20



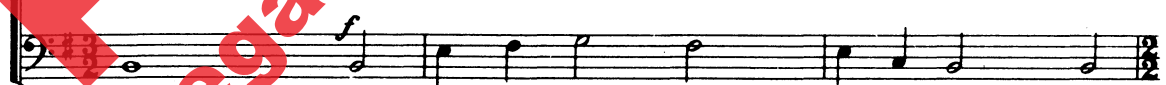
See the vain race of mor-tals move Like shad-ows o'er the



plain: They rage\_ and\_ strive, de - sire\_ and\_ love, But



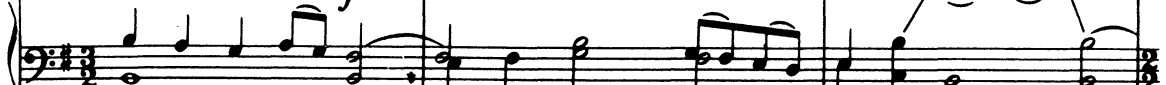
shad-ows o'er the\_ plain; — They rage\_ and\_ strive, de - sire\_ and\_ love,



plain; They rage and strive, de - sire and love, But



plain; They rage and strive, de - sire and love, But



plain; They rage and strive, de - sire and love, But

25 freely *pp*

all the noise is vain. What

But all the noise is vain. Hum

all the noise is vain. What

25 *pp*

30

should I wish for, wait for, then, From crea-tures, earth and dust? They

should I wait for, then, crea-tures, earth and dust? They

30

in tempo

SOPRANO

make our\_ ex-pec - ta - tions vain, And dis - ap-point our\_ trust. Now

ALTO

Now

TENOR

BASS

make \_\_\_\_\_ us vain, \_\_\_\_\_ dis - ap - point trust. Now

*mf*

35

I for - bid my car - nal\_ hope, My fond de-sires re -

I for - bid my car - nal\_ hope, My fond de-sires re -

Now I for - bid my car - nal\_ hope, My

I for - bid my car - nal\_ hope, My fond de-sires re -

35

40

call; I give my mor-tal int - 'rest up, And *mf*

call; I give my mor-tal int - 'rest up, And *mf*

fond de-sires re - call; — I give my mor-tal int - 'rest up, *mf*

call; I give my mor - tal int - rest up, And *mf*

40

make my God my All. *mp*

make my God my All. *mp*

And make my God my All. *mp*

make my God my All. *mp*

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