Rise Up, Children, Arise! – Derived from the traditional spiritual, "Rise Up, Shepherds, and Follow," I put a spin on the words to incentivize all of God's children to rise up and go see this Baby born in Bethlehem. The slower opening section is sung by a soloist introducing the piece but the balance of the music is for choir. The women and men sing a little call-and-response section that has some light syncopation, but it all settles once "Go, Tell It On the Mountain" enters. The idea here is to provide familiar tunes paired with some original words and music, but to excite and invigorate the singers and listeners alike to actively respond to the news of this Baby born in Bethlehem!

-Mary McDonald

Mary McDonald is a well-known composer of more than 700 choral anthems and many keyboard collections. Her unque blend of heart, hands, and humor, combined with a wide range of writing and performing styles, has kept her in constant demand for the past 30 years as a composer, keyboard artist, and choral clinician. She is a lifelong resident of Knoxville, Tennessee, where she resides with her husband. They are parents of two adult children and three grandchildren.

## RISE UP, CHILDREN, ARISE!

for S.A.T.B. voices and solo, accompanied\*

Words and Music by

## MARY MCDONALD (ASCAP)

Incorporating Spirituals:



\* From the Christmas cantata Darkness into Light (42933).

To purchase a full-length performance recording (44269) of this piece, go to alfred.com/downloads. Also available: FlexTrax CD, Volume Four (44582)

*InstruPax Orchestration* (44594) for Flute, Clarinet, Oboe/Opt. Sop. Sax/Opt. Clarinet, Bassoon/Opt. Bass Clarinet, Violin 1, Violin 2, Viola, Opt. Clarinet, Cello, Double Bass, Percussion 1 & 2, Piano, and Horn/Opt. Alto Sax/Opt. Clarinet.

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<sup>\*</sup> Tune: RISE UP, SHEPHERD, Traditional Spiritual Words: Traditional Spiritual



<sup>\*</sup> Tune: GO TELL IT, Traditional Spiritual Words: John W. Work, Jr., 1873–1925





