My God Is a Rock is an historic Georgia Sea Island plantation spiritual that, typical of its genre, tells a biblical story in lively question-and-answer fashion. The rhyming answers (verses) respond to the questions instead of following biblical chronology, reflecting the song's improvisatory nature.

In this arrangement by Jay Althouse, the question-and-answers occur between full choir and unison men's voices. To heighten the antiphonal effect in performance, soloists or pairs of singers may be assigned to the unison passages and positioned around the room or stage. Available in both S.A.T.B. and S.A.B. voicings, My God Is a Rock is appropriate for both school and church choirs.

For performance by church choirs, suggested corresponding lectionary readings include Psalm 31: 1-4 and 71: 1-5, Matthew 7: 21-29 and 16 13-19, and Hebrews 2: 13. One basic homiletical theme is trusting in God, the Rock and Redeemer, to be a shelter in times of distress. This spiritual is appropriate for worship throughout the year and especially during Lent or Pentecost.

Jay Althouse has written choral music for all levels of school and church choirs. He has over 450 choral compositions and arrangements in print. Jay received a B.S. in Music Education and an M.Ed. in Music from Indiana University of Pennsylvania.



MY GOD IS A ROCK

for S.A.B. voices, accompanied*

GEORGIA SEA ISLAND SPIRITUAL Arranged by JAY ALTHOUSE



^{*} Also available for S.A.T.B. voices, No. 18350.

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