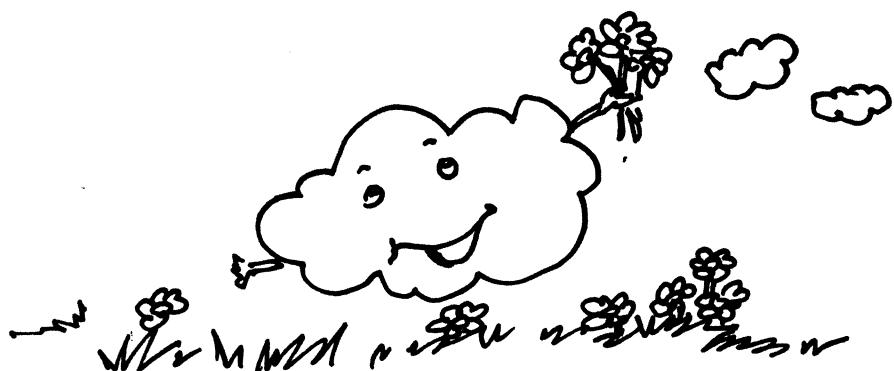


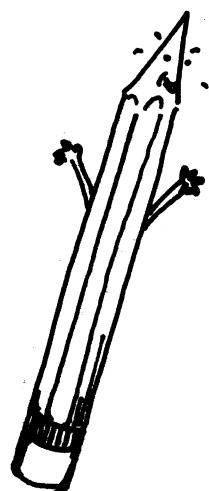
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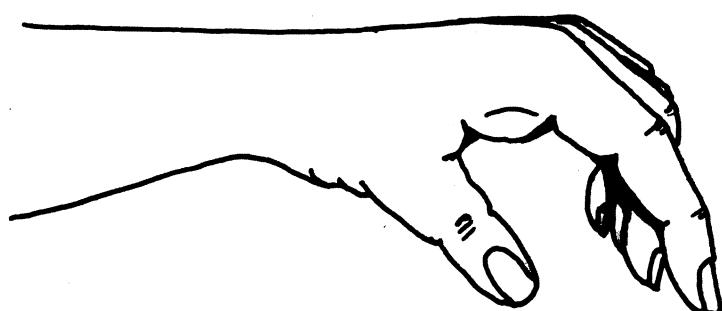


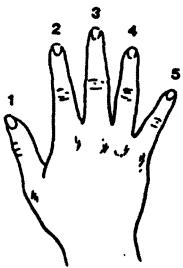


Trace around your LEFT HAND. Put finger numbers on the fingers.
(Your thumb is number 1.)

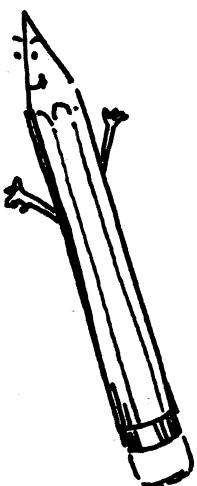


♪ Shape hand into playing position.
On a firm surface (not on the keyboard), "play" each finger 5 times, lifting high.





Trace around your **RIGHT HAND**. Put finger numbers on the fingers.
(Your *thumb* is number 1.)



With good hand shape, "play" each finger 5 times, lifting high.

