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# RESTS

RESTS are PERIODS of SILENCE.

Here are various rests and their time values.

Whole Rest: A single horizontal bar on a treble clef staff. Below it, the counts are 1, 2, 3, 4.

Half Rest: A horizontal bar with a vertical stem on a treble clef staff. Below it, the counts are 1, 2, 3, 4.

Quarter Rest: A vertical stem with a flag on a treble clef staff. Below it, the counts are 1, 2, 3, 4.

# NEW POSITIONS OF THE LEFT HAND

So far, we have always played MIDDLE C of the bass staff with the thumb of the left hand. Now we are going to change hand positions, thus:

Thumb on "Middle C": Shows a sequence of notes C, D, E, F, G, A, B, C on the bass staff. The thumb is positioned on Middle C. Fingerings 1-5 are indicated.

Thumb on B: Shows a sequence of notes B, C, D, E, F, G, A, B on the bass staff. The thumb is positioned on B. Fingerings 1-5 are indicated.

Thumb on A: Shows a sequence of notes A, B, C, D, E, F, G, A on the bass staff. The thumb is positioned on A. Fingerings 1-5 are indicated.

Thumb on G: Shows a sequence of notes G, A, B, C, D, E, F, G on the bass staff. The thumb is positioned on G. Fingerings 1-5 are indicated.

# Progress

First part of the 'Progress' exercise. It consists of four measures. The bass staff has a steady eighth-note accompaniment. The treble staff has a melody that starts with a whole rest in the first measure, followed by quarter notes in the second, third, and fourth measures.

Second part of the 'Progress' exercise. It consists of four measures. The bass staff continues with the eighth-note accompaniment. The treble staff has a melody that starts with a whole rest in the first measure, followed by quarter notes in the second, third, and fourth measures.