

FOREWORD TO TEACHERS

The material used in this book is presented as an introduction to the art of double and triple tonguing. The book is designed for the student who is just beginning to double or triple tongue and contains enough material for at least two years work. Some students may take a little longer, for the speed of progress will depend on the student's background, age and ability. The range of this book is well within the ability level of young flute players.

Because flute teachers and players do use several different syllables for both their double or triple tonguing, I shall list these syllables for your own information. For double tonguing they are: 1. tuh-kuh-tuh-kuh-, 2. te-ke-te-ke-, 3. tu-ku-tu-ku, 4. di-ke-di-ke- (pronounced dickey) and 5. duh-guh-duh-guh. In this book I shall use the tuh-kuh-tuh-kuh sound because I have been very pleased with the results. Teachers will naturally use the syllables with which they have been successful in both their own playing and their own teaching. For triple tonguing the following syllables are used: 1. tuh-tuh-kuh, 2. te-te-ke, 3. tu-tu-ku, 4. di-ke-te and 5. t-k-t. In this book I shall use the tuh-tuh-kuh sound because students seem to get better results with it.

Upon completion of this book, it is recommended that additional exercises be used from any of the standard methods such as Foundation To Flute Playing, Rubank Advanced Books 1 and 2, and Pares. For the more advanced students I recommend the Taffanel and Gaubert Complete Flute Method, Twelve Studies for the Flute by Boehm, Melodious and Progressive Studies for Flute by Robert Cavally and the Modern Flutist by Johannes Donjon.

My sincere thanks to Ann Thronsdon, Laura Carnevale and Nancy Luther whose comments and suggestions helped make the task of writing this book a pleasure. My sincere thanks also to my son Victor Jr. who spent many hours recopying these many exercises.

FOREWORD TO STUDENTS

There are several sets of syllables that flute players can use to either double or triple tongue. *Your teacher will help you select the one he thinks will suit your situation the best.* This book is designed for flute players who are sufficiently advanced to begin such a study. Your teacher will decide if you are ready for this type of tonguing.

The exercises are arranged in progressive order and the student should not attempt the more difficult exercises until he develops the correct concept of double tonguing and until he has satisfied the requirements of his teacher. The exercises are all originals and do not go too high or too low too soon.

The speed of your double and triple tonguing should begin at just about the maximum speed of your single tonguing. Your progress may be measured by marking the metronome speed in the margin at the end of each week. Do not, however, make speed your only goal. Each exercise must be clear and bright and should sound like a very fast single tongue rather than a cloudy double or triple tongue.

Your teacher will decide how many exercises you are to take each week and you should not attempt to take more than the number he has recommended. Quality is much more important than quantity.

SUGGESTIONS ON HOW TO PRACTICE

1. Practice the preliminary exercises until you have complete control over the syllable "kuh".
2. Do not attempt exercise two until you have mastered exercise one.
3. Do not attempt page two until you have mastered page one.
4. Some exercises may be more difficult than others. If so, practice them a reasonable time only and go back to them later.
5. Keep a record of the speed at which you play the exercises so you can "see" as well as hear your progress.
6. Use a metronome but do not attempt to play all the exercises at the same speed. Difficult exercises should be played slower than easier ones.
7. If possible, make a recording of your tonguing occasionally to see if you yourself are satisfied with your results. Compare old and new tapes for progress results.
8. When your ability to double and triple tongue is satisfactory, ask your teacher to give you some solos that require this type tonguing.
9. Do not go from one page to the next without reviewing old exercises. It is a good policy to keep reviewing at least three pages daily and to review them all once a week.
10. When you have finished the book, go back and try to play all "C" exercises in the key of C \sharp and C \flat , all "F" exercises in F \sharp . etc.
11. Take your old instruction books and see how many of the single tonguing exercises can be used for double and triple tonguing exercises.
12. Try to make up some of your own double and triple tonguing exercises. It is fun and probably not as difficult as you think.
13. Many students have found it helpful to double (or triple) tongue the exercise on one note once or twice before playing the melodic exercise.

PRELIMINARY EXERCISES FOR DOUBLE TONGUING

1. Set your metronome for speed 60 and whisper the syllable "Kuh" at this speed until you have the "feel" of the syllable. Notice that the "Kuh" sound is made in the throat and not in the mouth.
2. Move your metronome speed to 80 and repeat the above process.
3. Repeat step one above but this time out loud. You will notice that it is a little more difficult to say the syllable "Kuh" out loud than when you whisper it.
4. Repeat step 3 at speed 80 until it feels easy and natural to say the syllables out loud.
5. Keep your metronome at speed 80 and now whisper the two syllables "Tuh-Kuh Tuh-Kuh" many times until these syllables also feel free and natural.
6. Repeat step 5 but this time say the syllables out loud.
7. Move your metronome speed to 100 and repeat the syllables many times at this speed.
8. Take your head piece and try to pronounce the two syllables into the head piece in a whisper. Do this at speed 100 and be sure to stay with the metronome.
9. Repeat the two syllables "Tuh-Kuh" into the mouthpiece but this time try to get the pitch on the head piece that you would get by just playing on the head piece alone.
10. You are now ready to start double tonguing on your instrument. With diligent practice and help from your teacher, you should be double tonguing nicely in just a matter of months.

DOUBLE TONGUING

1 

Tu tuh kuh tu tuh kuh tu

Repeat on every note in all scales.

IMPORTANT: Stay in a comfortable range.

REMINDER: Your teacher will select the set of syllables he thinks you should use.

2 

Tuh kuh tu tuh kuh tu

Repeat as above.

Keep a record of your metronome speeds in the margin of these pages. Put the date down each time you increase the speed.

3 

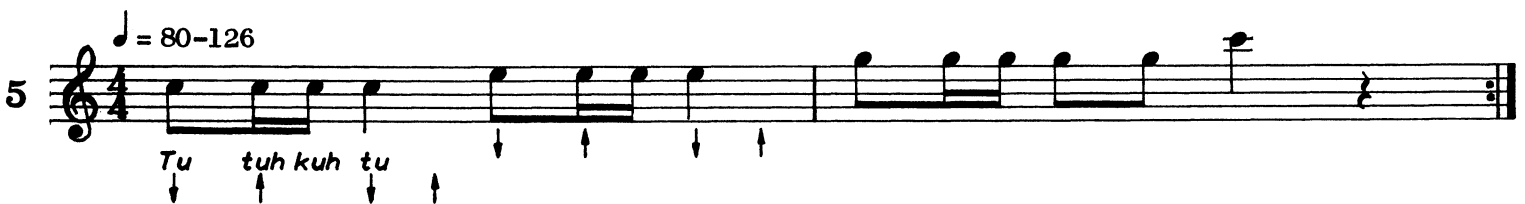
Tuh kuh tu tu tu tuh kuh tu tu

With daily correct practice, you should be able to go from minimum to maximum speed in about two months.

4 

Tuh kuh tu tuh kuh tu tu

Do not continue until you are completely satisfied with the way you play the previous exercises.

5 

Tu tuh kuh tu

6 

Tu tuh kuh tuh

7 

Tu tuh kuh tu tuh kuh